

# Together We are Stronger!

Watertown Memory Care Support Group provides a safe and confidential space for caregivers who are concerned about a loved one's memory issues. All are welcomed and encouraged to join us for these services.

- Light refreshments provided
- Feel free to bring friends for support
- Meetings are free & open to the public
- All meetings are facilitator led
- Separate area provided for free care by trained professionals for those with memory loss while caregiver attends meetings
- Educational resources provided with Q+A and speakers
- Information about resources in the Watertown Area

Watertown Area Memory Care & Aging Network is a 509(a)(1) non-profit organization whose mission is to raise awareness, provide support, education, inspire hope & offer resources to caregivers and members of the public. We are a member of the Alzheimer's Foundation of America (AFA)

Contact us:  
[cl.memory.group@gmail.com](mailto:cl.memory.group@gmail.com)  
Facebook - Watertown Memory Care Support Group

Connect with us:  
[www.wamcan.org](http://www.wamcan.org)  
[wamcan24@gmail.com](mailto:wamcan24@gmail.com)  
PO Box 1815  
Watertown, SD 57201  
Facebook - Watertown Area Memory Care and Aging Network



**Watertown Area Memory Care  
& Aging Network**

## Alzheimers /Memory Care Support Group



Sponsored by:



**Watertown Area Memory Care  
& Aging Network**

[www.wamcan.org](http://www.wamcan.org)



## Resources

Watertown Area Memory Care & Aging Network has the following community resources available

- Memory Care Support Group
- Respite Care Financial Assistance
- Mary Drake Resource Library
- Community Caregiver Fair
- Memory Screening Event
- Savvy Caregiver Training Classes
- Caregiver Mentor Program

## Upcoming Events

### **Watertown Event Center**

West Highway 212 / 1901 9th Avenue SW  
Watertown, SD 57201

*First Wednesday of each month at 7:00pm!*

### **January 7, 2026**

**“Safe Hands, Calm Hands”** (Teepa Snow)  
by Christina Ruml, State Ombudsman for State of South Dakota

### **February 4, 2026**

**“Language, Swallowing, and Dementia”**

by Kirsten Blackwell, Speech - Language Pathologist with PLHS

### **March 4, 2026**

**“Holding God’s Hands”**

by Pastor Sara McManus, First United Methodist Church

### **April 1, 2026**

**“Adult Day Services / My Care Line Respite Care & Telemedicine at The Village”**

by Krista Beauchamp & Dalton Wagner

### **May 6, 2026**

**“Keeping Precious Memories”  
(Creating Memory Books)**

by Dar Fuchs & Friends

### **June 3, 2026**

**“Let’s Talk”**

by The Support Group



**Connie Lake**

Connie’s journey caring for those with dementia / Alzheimer’s started in 1980. Her first job was to create an activity program in a long term care facility for their residents. It was not long before folks with that diagnosis were in her heart. In 1997, she created a recreation program in a long term care memory care unit. The focus was “person centered” with engagement and positive communication. A supportive community was a huge help and part of her career. She is retired now but the passion remains to create programs & offer more help for this country’s unsung heroes - caregivers!

The Watertown Memory Care Support Group was created in 1998 by Connie Lake and Deanna Bullis to give caregivers a place to belong. Caregivers were able to listen, share, and learn how to care for themselves. This mission remains true today.